

Capital District Kiwanis

Serving the children of the world



MiniBuilder

October — November 2010 Dave Maloney, Editor

Governor's Message by Governor Tom Varner



First, let me thank all of you for giving me the honor of being your servant leader for

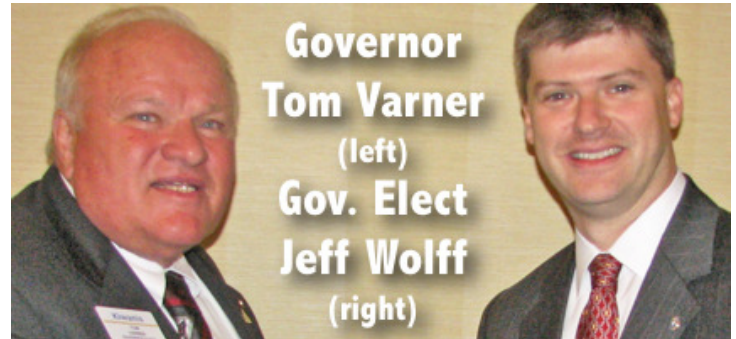
the 2010 - 2011 Kiwanis year. I assure you that not only will I work for your benefit, but all of the District Officers will do their very best to allow us to be the premier District in Kiwanis International.

Secondly, I would like to thank Governor Don Dudey for an excellent year of leadership in the Capital District. We have made great strides this past year. This year has set the tone for an even bigger and better Capital District. In addition, I would like

to thank Trustees Jim Jacobs, Brian Bell and Don Schroeder for their years of service as District Trustee. Without our dedicated leaders we would not be where we are today.

As I said in Lynchburg, one of my primary goals is to increase the level of education for our Club and district Officers. The first step is making sure that we have elected our Club Officers and Division Lieutenant Governors. Last week only six (6) of the 2011 -2012 LTG's had been elected. They should have been elected in April, 2010 and the Club Officers should have been elected in May, 2010.

(cont'd on page 2)



Delegates Elect Varner-Wolff

At the 2010 Capital District Convention recently held in Lynchburg, VA, Tom Varner and Jeffrey Wolff, both of whom have impressive Kiwanis resumes, were elected to lead our District for the next two years.

Tom, who will be the new Gov. for the upcoming 2010-2011 administrative year, lives with his wife, Lin, in Ashland and has taught Criminal Justice for years at J. Sargent Reynolds Community College. He is a member of the Ashland Club and has served as District Trainer.

Jeffrey is our youngest Gov-Elect in years. He and his wife, Jennifer, live in Fairfax. A member of the Tysons Corner Kiwanis Club, Jeffrey is VP of US Operations for Infonic, a British software company.

Delegates Pass Dues Increase Amendment

Delegates to the recently-held 92nd annual Kiwanis Capital District Convention overwhelmingly passed an amendment to the Capital District bylaws, which changed the amount of District dues to \$32 per year, effective October 1, 2010. The previous Bylaw statement set District dues at \$16 per year. Votes in favor of the dues increase exceeded those against the increase by better than two-to-one.

The motion to increase District dues was brought before a packed House of Delegates during Session One, held Saturday afternoon. The 322 delegates significantly outnumbered delegate counts for the last several conventions, and soundly rejected two proposed amendments to the original motion.

The first of two proposed amendments to the origi-

nal motion moved to implement a partial increase of \$12 per year effective October 1, 2010, with the remaining \$4 per year to take effect on October 1, 2011. The split would have provided funds to match a forecast budgetary break-even point, as presented in pre-



voting educational materials, with the balance becoming

(cont'd on page 3)

Governor's Message (cont'd from page 1)

Therefore, the first step in improving education is to elect the appropriate officers in a timely manner. This is the responsibility every Kiwanian in the District. Has your club elected its full slate of officers? That means the President, President-Elect, Vice-President and Treasurer and either has elected or appointed its Secretary? If not, ask Why? The timely lection and effective training will start us on the path of even better future leaders.

And, we can ask the same questions of Division leaders, that is, do we have a Lieutenant Governor-Elect who is prepared to be trained?

Once we get caught up with our current Club and Division Officers, we will be on our way to an effective leadership development program. This succession program begins when a new member walks through the door. It is not the time to make them the President, but it is the time to start putting them to work on an active committee. From there, they will move to a committee chair position and then to the Club's board of Directors. Now they will have become knowledgeable about Kiwanis and be ready to assume a leadership role.

These same steps should be followed as members are prepared to take the leadership roles at the Division and District Level. Experience with committees at both the Division and District level will increase their knowledge and make them better leaders.

In addition to the "formal" training that is sanctioned by Kiwanis International, there are many other opportunities to learn and become a better informed Kiwanian. Participation in an inter-club is a great way to both meet other Kiwanian, and to get new ideas for your club. Attendance at Council Meetings, Conferences, and Conventions at all levels will help one learn about Kiwanis.

The bottom line - it is every Kiwanian job to develop leadership in themselves and throughout Kiwanis. Are you willing to do your part? It is a small thing, but everyone can make a difference.

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IN ADDITION TO THE
"FORMAL"
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Delegates (cont'd from page 1)

available in the following year to fund more strategic initiatives and restoration of lost services. The proposal failed to pass a majority vote by a substantial marginal. The second proposal moved to delay the full dues increase by one year, to October 1, 2011. That proposal failed by an even wider margin.

The floor remained open to discussion but no one rose to speak against the original motion. The question was subsequently

called and voted upon in a written ballot, with a final tally above the two-thirds majority required to pass the amendment.

Immediate Past Gov. Tom Ganse commented that, in passing the amendment, the District Membership gave the Finance Committee and District Board the opportunity to restore over a decade's worth of lost services and to establish a solid financial foundation from which to move into a sound fiscal future. "The

Finance Committee will be examining a number of concepts and ideas to use the additional funds to provide more value to the District Membership" Ganse said.

Gov. Elect's Message

by Gov. Elect Jeffrey M. Wolff



It seems appropriate as we start our Kiwanis administrative year with a new slate of officers at all levels to think about the direction we want our organization to take. Leadership begins at the club. In order to provide the most service to our communities, it is imperative that our clubs are not only planning for their upcoming year, but also giving thought to leadership in the years to come.

(cont'd on page 4)

In Memoriam

September 2010

- Donald Leonard, Chincoteague, Va.
- Leonard Lushbaugh, Hagerstown, Md.
- John Niemann, Abingdon, Va.
- Albert Lauer, Williamsburg, Va.
- Robert Ferguson, Baltimore, Md.
- ArchNave, Big Lick, Va.
- Robert Humphrey, Big Lick, Va.
- Bruce Goodpasture, Big Lick, Va.
- Paul Johnson, Middlesex, Va.
- Kenneth King, Roanoke, Va.
- Richard Sanders, Ashland, Va.
- Stacy Lloyd, Fredericksburg, Va.
- Charles Duff, Fredericksburg, Va.
- Bruce James, Richmond, Va.
- T.S. Alphin

August 2010

- John Snead, Bassett, Va.
- Elbert Bozman, Delmar, De.
- MacDonald Greene, Eastern Branch, D.C.
- Phillip Graybeal, Chincoteague, Va.

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Gov. Elect (cont'd from page 3)

Is your club starting its year with a president-elect? Have you identified potential presidents for your club in the years following? Many clubs find themselves waiting until elections are held in the spring to look for their next slate of officers. Some clubs don't even hold their elections in the spring because enough members aren't willing to commit themselves six months before their term begins. Why is that a problem?

Does your club have contested races for club leadership positions? Good succession planning within a club starts with proper leadership education. It's important for clubs to embrace not only the president-elect and secretary training provided in your region by the district, but

also other materials provided by Kiwanis International. Have you taken a look recently at the Club Leader Tools provided on the www.kiwanisone.org web site? There are some excellent resources there not just for the current officers of your club, but for potential officers as well. Make sure that you are looking for up-and-coming new leaders constantly within your club and helping them to find the educational resources to let them develop and grow.

It's great if you have members that really enjoy holding one particular spot on your board year after year, but make sure that everyone is provided the opportunity to hold any position they desire to be elected to. This is just one way your club can ensure that fresh ideas are flowing

through your board of directors and ultimately invigorating your club. A new perspective on things can often mean the difference between "how we've always done it" and how we can be better than we ever were before.

Our organization should strive to consist purely of servant leaders, people who never ask "What's in it for me?" but say "What can I do to serve you?" The more leaders we develop within our clubs, the more we have to work with our Service Leadership Programs clubs, the more we have to run for division, district and even International leadership positions, but most importantly, the more attractive we become to potential members who realize that being a part of Kiwanis is the element missing from their lives.

New Kiwanis Education Program Seeks Instructors

by Ted Zapalowicz

Kiwanis International is instituting a new Leadership Education program. In its efforts to obtain the best instructors possible for the district, the committee is extending an invitation to all past Lt. Governors and Governors to

consider becoming a certified instructor. You have the experience and expertise to help train our future club officers and district leadership. Our new members are the future of Kiwanis, and it is our responsibility to give them the leadership skills needed to promote the Objects of

Kiwanis.

If you would be interested in becoming an instructor or desire more information, please contact either Don Dudey IPG, at ddudey@comcast.net or

(cont'd on page 5)

MiniBuilder

October – November 2010

Instructors (cont'd from page 4)

Ted Zapalowicz at tedray-zap49@msn.com

Job Responsibility:

Position Responsibilities:

- Work closely with the District Master Instructor and Kiwanis International staff to achieve the strategic objectives of the education programs
- Ensure consistency in education programs and delivery
- Facilitate classroom education sessions for club leadership education and other programs (as applicable)
- Be a positive, enthusiastic facilitator who uses the required curriculum approved by Kiwanis International
- Act as an advocate and

representative of the district and Kiwanis International

- Participate in an annual evaluation process

Qualifications:

Kiwanis Requirements:

- Held the position of Lt. Governor or higher preferred

Experiential Requirements:

- Previous adult education instruction/facilitation experience
- Ability to work as a team
- Strong interpersonal skills
- Ability to adapt in a group setting
- Ability to lead and engage adults in an

interactive learning environment

- Capable of maintaining positive relationships
- Excellent written and oral communication skills

Skills Requirements:

- Microsoft Office Suite products; with proficiency in PowerPoint
- E-mail and internet proficiency
- Current facilitation technology including an LCD projector and laptop

Other Requirements:

- Kiwanis Family experience a plus
- Weekend and evening work required
- Three year commitment

Get Ready for Key Leader 2011 by Nicole McDermott

It's the beginning of a new Kiwanis year! Has your club budgeted to sponsor a student (or more) for one of our two Key Leader weekends? Key Leader is Kiwanis's values-centered, weekend leadership education program for high school students. There will be TWO Key Leader weekends in the Capital District in 2011:

#1 - April 15-17, 2011

Jamestown 4-H Educational Center
Williamsburg, Virginia
Site Coordinator: Yvonne Holley (Kiwanis Club of Virginia Beach, Virginia)

#2 - May 13-15, 2011

Arlington Echo Outdoor



Educational Center
Millersville, Maryland
Site Coordinator: Corey Goggin (Kiwanis Club of Tysons Corner/McLean, Virginia)

(cont'd on page 6)

KEY LEADER IS
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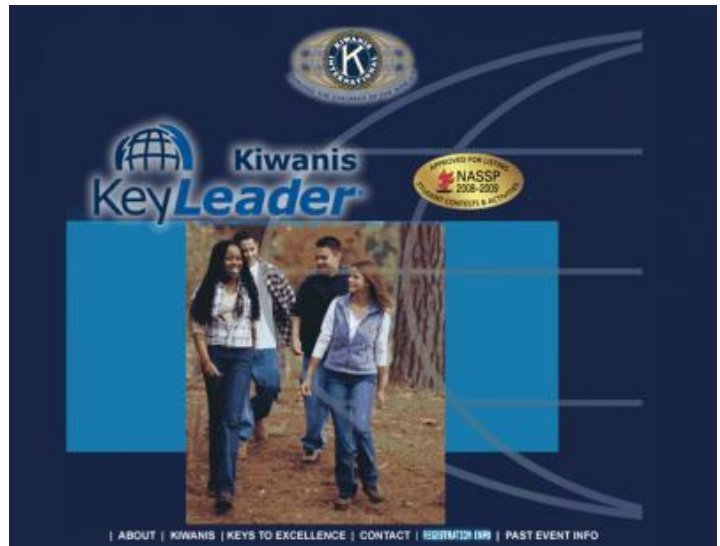
Key Leader (cont'd from page 5)

Spring Key Leader events are open to any 8th-12th grade students (in or out of Key Club or Builders Club). Once again, our goal for each event will be 60 students plus an additional 8-10 student facilitators.

We encourage Kiwanis Clubs to ensure Key Leader in their 2010-11 budgets. It is \$200/student (or \$175/student if the student is a member of Key Club or Builders Club). For such a small amount of money, Kiwanis can truly make a difference in a young adult's life. Please plan to send at least one student to the event most geographically convenient to your club.

Registration will open in January 2011. We anticipate selling out both events as we did in 2008 and 2009. For this reason, it will be very important to register students as soon as possible. It is recommended that Kiwanis Clubs begin identifying students this fall (by December at the latest) so that part is already done once the registration website is available.

Key Leader is a leadership education weekend for high school students focusing on the concept of ser-



vice leadership and five principles: integrity, growth, respect, community and excellence. The weekend is casual and includes hands-on exercises; writing and reflection activities; cooperative, team activities; physical challenges and more. Students arrive between 4-6 p.m. on Friday and depart between 11 a.m.-12 noon on Sunday. All adult chaperones have undergone background checks, and the weekend is run by a professional facilitator who has successfully completed a training course on the curriculum and who brings experience working with young people.

If you are interested in serving on the Key Leader District Committee and helping to promote Key Leader around the District

and in your own area, please contact District Chair Nicole McDermott (Kiwanis Club of Tysons Corner/McLean, Virginia) at capitalkey-leader@gmail.com or 703.829.5481. We are currently looking for representatives from the following regions particularly: Del-MarVa, Heart of Virginia, Mason Dixon, Presidential, and Southwest Virginia.

For more information about Key Leader, please visit www.youtube.com/CapitalKeyLeader and watch live student testimonials about the quality of the program. The students featured on our YouTube Channel are all Capital District "kids." Also, search Capital District Key Leader on Facebook and like it or visit key-leader.org.

KEY LEADER IS A LEADERSHIP EDUCATION WEEKEND FOR HIGH SCHOOL STUDENTS FOCUSING ON THE CONCEPT OF SERVICE LEADERSHIP AND FIVE PRINCIPLES: INTEGRITY, GROWTH, RESPECT, COMMUNITY AND EXCELLENCE.

Capital District Teenager of the Year by Jim Hart

Nicole Muller, a rising senior at Western Albemarle High School and a member of the WAHS Key Club, has been selected as the winner of the Kiwanis Capital District Teenager of the Year Award. Nicole is the founder of the Neighbors-4-Neighbors Food Drive, which was launched in August of 2009 in order to collect food for the Blue Ridge Area Food Bank, whose supplies have been depleted by extraordinary demand in these tough economic times. She started her drive in her own local neighborhood, setting an ambitious goal of one ton of food. The response from her neighbors, especially from families going door to door in their neighborhoods, was so great that Nicole was encouraged to increase her goal to 10,000 pounds and to expand her appeal for food to neighbors in surrounding counties across Virginia and eventually to 16 other states. Food banks from as far away as Alaska began seeing the impact of



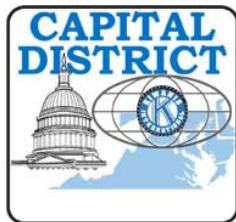
Pictured are (from left) Jim Hart, Kiwanis Club of Charlottesville President-Elect, Roger Diehl, Kiwanis Club of Westminster MD and Capital District T-O-Y-Award Committee Chair, Nicole Muller, and Kathy Johnson, Kiwanis Club of Waynesboro and Lt Gov of Division Five of the Capital District.

Neighbors-4-Neighbors Drives. In the Capital District of Kiwanis, where there are more than 180 clubs in Virginia, Maryland, Delaware, and the District of Columbia, Nicole's Neighbors-4-Neighbors Food Drive Initiative brought in 26,677 pounds of food, providing an estimated 20,808 meals. Larry Zippin, CEO of the Blue Ridge Area Food Bank, said that Nicole has organized one of the most effective individual food drives in the history of the Food Bank. The second annual drive will

launch in August with Nicole setting a goal of 50,000 pounds of food and with donations being made in all fifty states, in local partnerships between food banks and schools, businesses, churches, civic groups, and neighborhood organizations.

The Teenager of the Year Award carries a stipend of \$2,000 and it was presented to Nicole at the annual Capital District Kiwanis Convention that was held in Lynchburg, VA this past August.

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We're on the Web!

Capital.Kiwanisone.org

Kiwanis Announces Project Eliminate by Kandra Sejas, KI

With The ELIMINATE Project, Kiwanis International and UNICEF have joined forces to eliminate maternal and neonatal tetanus. This deadly disease steals the lives of 60,000 innocent babies and 30,000 mothers each year. The effects of the disease are excruciating - tiny newborns suffer repeated, painful convulsions and extreme sensitivity to light and touch.

To eliminate MNT from the Earth by 2015, 129 million mothers and their future babies must be immunized. This requires vaccines, syringes, safe storage, transportation, thousands of skilled staff and more. It will take \$110 million - and the dedicated work of UNICEF and every member of the Kiwanis family.

Kiwanis and UNICEF joined forces to tackle iodine deficiency disorders, achieving one of the most significant public health successes of the 20th century. Now, they are eliminating MNT from the face of the Earth. And in doing so, the project will

ELIMINATE

Kiwanis eliminating maternal/neonatal tetanus



Kiwanis



reach the poorest, most neglected mothers and babies with additional lifesaving health care. The end of this one disease means the beginning of better health for so many families. Check out the Kiwanis International website for more information.